

Mini Red



This is the first stage of our coaching programme. Players will learn to play tennis on a small court, with slower balls. This helps them to develop their skills. Once they have completed the red level test they will move to orange.

Mini Orange

Players will play on ¾ of the full tennis court. The balls and medium bounce to allow skills to develop. Once again players will have to complete a test to move to the next stage.

Green



At this stage training will take place on the full sized court. The balls are a little lighter than full balls and bounce a little bit lower. Again a test is required to move to the next stage.

Division 10

At this stage players play on the full court and with full speed balls. Again we test the players before they can move to the next level and this rating will also have to be in division 9.

Division 9

Players will have good game awareness and consistent skills. They will also be playing matches regularly in order to improve their rating.

Individual lessons are available @ £17 per hour + court hire.

Call 07855495025 to check availability

Adult tennis

We run adult training for beginners and through the intermediate level. We do have the option of playing singles matches to boost ratings and gain valuable match experience.

We also run social doubles session where you can turn up and meet new people and play some doubles. Singles leagues can be arranged so please ask for details of these additional services.

University Students



We run social matchplay sessions on a Wednesday. Both singles and doubles matches. This gives everyone a chance to compete each week. Students are encouraged to come along to the adult training session.

Matchplay sessions and tournaments

DTA run several matchplay sessions throughout the year. This gives players a chance to compete and also to test out the skills they have been learning. All sessions will be run according to the LTA competition framework. To enter a matchplay event you must have a LTA rating. If you have any queries please get in touch with us.

To book onto a coaching session you will need to join as a member of the club. In addition to gaining access to coaching you will also be able to play on the club courts free of charge. With our membership you will also automatically be signed up for an LTA rating.

Each player will have an assessment either before or during his or her first session, to make sure they have been played in the correct group. After that players will be tested 3 times a year to track their progress.

Playing matches is a lot of fun and a critical part of any player's development. We run club sessions to gain experience before competing against other clubs.

www.diamondtennisacademy.co.uk



Booking your place on any course:

- 1) phone head coach Sena Tengey on 07855495025
- 2) or fill out form below and post to us..
- 3) check out our website for more details..

www.diamondtennisacademy.co.uk

Name.....
Date of Birth.....
Address.....
.....
Post code.....
Telephone no.....[h]
.....[m]
Email address.....
Course applied for.....

*Membership is required to start a course.
Cheques made payable to "Diamond Tennis Academy"*

*Fee enclosed.....
Send to Diamond Tennis Academy,
40 Brynawelon Road, Cyncoed, Cardiff, CF23 6QR*

Membership Prices

Mini Membership: U10 £20
Junior Membership: 11-16 £30
Student Membership: [valid NUS card needed] £40
Adult Membership: £60

Membership benefits

- 1) Allows you to train with DTA
- 2) Gives you LTA rating, allowing you to enter tournaments
- 3) Gives you free use of club courts.
- 4) Exclusive access to DTA social events
- 5) Allows you to play for DTA teams.

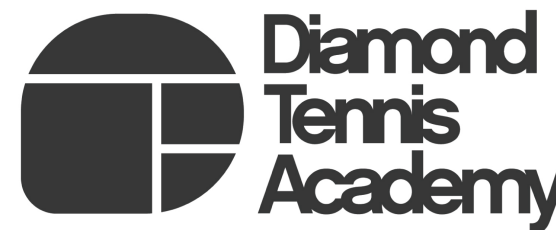
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Schools Tennis

We currently work with 5 local primary and 3 local secondary schools. If you would like us to come and set up tennis programme at your school. Please call us on 07855495025

Schools programme includes,

- Beginner coaching
- Intermediate tennis leagues
- Inter school matches
- Teacher training
- PPA cover and Dragon Sport clubs.



Providing high quality coaching for all!

Heath Park
King George V Drive
Cardiff
CF14 4EP

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